



# The Stars and Stripes

## 4-H Club Meetings

### **Advance Clovers**

More information to be announced soon.

### **Crowley Ridge 4-H**

Meeting times and places vary.

Contact Angie Parks  
(573-421-2888)

### **Puxico Warriors**

Meets 1<sup>st</sup> Thursday at 7 pm  
in the Vo-Ag building at

Puxico School  
Randy Stevens  
(573-421-4407)

### **Richland Rebels**

Meets periodically.

Contact  
Rose Vandergriff  
(573-820-7384)

### **Show Me 4-H Club**

Meets once a month.

Contact Jeanie Huey  
(573-614-7337)

### **Star Banner 4-H**

Meets 3<sup>rd</sup> Monday of every  
month.

Contact Robinn Daves-Huey  
(573-820-6127)

### **Stoddard County Swine Club**

Meets periodically.

Contact Eddie Sifford  
(573-222-3729)

### **4-H Riders**

Meets periodically.  
Contact Stacy Brittain  
(573-772-0746)

## Deadlines and Upcoming Events

March 26- April 5— Youth Farm Animal Art Show

April 12-14-Hunting & Outdoor Skills Leader Certification  
Workshop

April 13-State 4-H Robotics Conference

April 18- Stoddard County 4-H Shooting Sports  
Informational Meeting

April 27- Horse Camp in Stoddard County

May 4- Horse Camp at Three Rivers College Farm

May 11-4-H Day with the Cardinals

May 18- State Robotics Conference

May 20-27-Missouri 4-H Equine Tour

May 30-June 1 State 4-H Congress

## Upcoming new SPIN Clubs!

**Survival SPIN Club**

**Dog Training Academy**

**Stoddard County Shooting Sports**

**Veterans Cemetery Pollinator Garden**

Be on the lookout for these new upcoming  
SPIN Clubs in Stoddard County!



UNIVERSITY OF MISSOURI  
**Extension**

## First Annual Farm Animal Art Show

The Stoddard County University of Missouri Extension held the opening reception for the First Annual "Youth Farm Animal Art Show" Tuesday March 26 at 5pm. The show opened in the Historic Stoddard County Courthouse in downtown Bloomfield with almost 200 Youth Art Entries from grades K-12. Winning the top Award for "Best of Show" went to Kayla Nash with her artwork of a turtle titled: "Hidden". Kayla attends Puxico High School and her Art Teacher is Jay Pierce. Students were given ribbons and prizes in each grade level for 1st-3rd place and two Honorable Mentions. Richland R1 School Art Teacher Zenita Smith said that her younger students did not have opportunities to enter Art Shows like older students. The "Youth Farm Animal Art Show" was a much needed venue to showcase her young students works of art. The focus of the Stoddard County University of Missouri Extension, is to bring research based educational programs to Stoddard County, said Kristi Baker, County Engagement Specialist in 4-H Youth Development. Research shows Art programs have the potential to help improve a student's memory and concentration skills, develop decision-making and critical thinking skills, enhance communication and listening skills, but also encourage focus and discipline. ... An arts education can also help a student to improve self-esteem and social skills. Drawing plays a big role in our cognitive development. It can help us learn to write and think creatively, develop hand-eye co-ordination, hone analytic skills, and conceptualize ideas. Creating art can be beneficial throughout all stages of life. It can help children be better students and improve quality of life for seniors. It relieves burdensome stress, encourages creative thinking, boosts self-esteem, and provides a sense of accomplishment. It can make you an all-around better, happier person. The "Youth Farm Animal Art Show" will be on display in the Courthouse until the end of the day Friday, April 5. Plans are already being made for next year's 2nd annual "Youth Farm Animal Art Show" with more prizes and community sponsors, and University of Missouri Art Department participation.

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## Stoddard County Shooting Sports

The Stoddard Shooting Sports SPIN Club is NOW OPEN!!!!

To enroll in the Stoddard Shooting Sports program, go to your 4-H online page and click on ADD A CLUB. Then click on Stoddard Shooting Sports SPIN Club and you will be officially ready to be a part of this AWESOME program! THERE IS NO COST TO CURRENT 4-H MEMBERS!!! It is easy to become a 4-H member if you are not by enrolling in 4nline.com. SO INVITE your friends to join!!! The first informational meeting will be held at the Stoddard County University of Missouri Extension office in Bloomfield April 18, at 6pm. For more information contact Tera Engler-270-205-6665, Keith Baker-1-573-625-3277, or Lora Baker-573-421-6477

## Equine Opportunity: Show-Me Success Clinic

The Missouri Quarter Horse Association and Stephens College are hosting the Show-Me Success Clinic at Stephens College in Columbia, MO on April 5th - 6th. Watch AQHA World and Congress Champion trainer Tommy Sheets instruct riders and learn to score each class with AQHA judge Kendra Wei. Please see the attached flyer for more information about the event and how to register.



## SEMO Fair Scholarship

The SEMO Fair Scholarship is available at

[www.semofair.com](http://www.semofair.com)

Applications are due May 31, 2019. You must have exhibited at the SEMO fair to apply. It is for \$2,500.

## Public Speaking Academy

The 4-H Public Speaking Academy is preparing for its eighth year! Extension faculty, along with 4-H volunteers will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth 11-13 years of age interested in learning more about public speaking. The Academy will be June 12-13, 2019 and registration is due May 1. Lodging will be on the campus of Central Methodist University in Fayette, Mo. The cost is \$100. For more information, contact Patty Fisher at [fisherp@missouri.edu](mailto:fisherp@missouri.edu) or 573-324-5464 and be sure to download the brochure on the Missouri 4-H page at <http://4h.missouri.edu/public-speaking-academy/main>

## Get Social

Did you know that Stoddard County 4-H and Extension Council have a Facebook page? Check us out online!

[www.facebook.com/stoddardcountyextension/](http://www.facebook.com/stoddardcountyextension/)

<https://www.facebook.com/StoddardCounty4H/>



## NRA Calendars

The NRA fundraising Calendars are here! You can contact Keith Baker if you would like to buy one! They will help out your local 4-H Shooting Sports Program! For more information give us a call 573-568-3344.

## Horse Camp

Coming to you April 27<sup>th</sup>, 2019, is Horse Camp in Stoddard County! This will be a one day clinic starting at 9am- 3pm. There will snacks and lunch provided. This will be held in Puxico!

If your child is horse "crazy" sign up to attend our camp to get a whole day of everything about horses! They will learn the basics of owning, feeding, grooming, competitions, and then learn how to ride at the end of the day!

Horse camp will also be coming to Butler County! This will be held on May 4<sup>th</sup>, 2019, at the Three Rivers College Farm. Times and setup will be the same as the Puxico camp from 9am-3pm! Come join us for a good time and learn all about horses! For more information contact the Stoddard County Extension Office at 573-568-3344.

## Cherng Global Leadership Academy

CGLA is now accepting applications from high school students, of all levels, for its Summer 2019 Academy. The program runs from June 16 through June 25, 2019. Participants in this 10-day residential program will explore what it means for them personally to be a leader and will be led through a series of activities, programs, workshops, and projects that will enhance their leadership traits and build their skills, while connecting them into a broad leadership network across numerous fields—from business to government, agriculture to education. Hosted by the University of Missouri Honors College, the cost to attend the CGLA is just \$400 and includes room, all meals, leadership activities, and study materials. Need-based scholarships are available for a limited number of participants. For more information and to apply, interested students and parents should visit the following page: <https://honors.missouri.edu/cherng-program-in-honors/cherng-global-leadership-academy/> Apply today! Deadline for applications is May 15, 2019.



## Liberty Tree Applications



We are excited to announce that the Missouri 4-H Foundation, in partnership with Crader Distributing and local STIHL dealers, will be continuing the service-learning initiative that enables 4-H clubs to play an active role in preserving American history by planting Liberty Trees once more this spring in communities throughout Missouri.

The original Liberty Tree was a famous elm tree that stood near Boston Common during the Revolutionary era. In 1765, the Sons of Liberty, a group of American colonists, staged the first act of defiance against British rule under the tree. This spawned the resistance that eventually led to the American Revolutionary War. During the war, several other towns designated their own Liberty Trees as support for the resistance spread throughout the colonies. These Liberty Trees became symbols of American independence.

The last original Liberty Tree, a Tulip Poplar, stood on the grounds of St. John's College in Annapolis, Md. Until 1999 when it dies during Hurricane Floyd. Prior to its death, 14 seedlings were successfully germinated from the tree through a project spearheaded by the nonprofit conservation organization American Forests. The seedlings were planted throughout the original 13 colonies.

In order to further preserve the legacy of the Liberty Trees, a bud-grafting program was launched, through which several bud-grafted trees were grown. Thanks to the generosity of Crader Distributing and local STIHL dealers, these bud-grafted trees will be donated to Missouri 4-H clubs to be planted in public spaces throughout Missouri. The trees are 4 foot Tulip Poplar seedlings.

There are a limited quantity of trees available for the spring. Applications will be reviewed on a first come first served basis.

Attached you will find the Liberty Tree Application. The application is due by April 5, 2019 and can be submitted to Missouri 4-H Foundation at [4hfoundation@missouri.edu](mailto:4hfoundation@missouri.edu)

Please note that all tree plantings must be done the week of April 22-28. In order to ensure that the trees are equally available across the state, only one tree per county will be available. Applications will be reviewed and we will announce recipients of the trees the week after the deadline. Please note if you have talked with our office regarding a replacement for a damaged tree please go ahead and complete the application and note that this is a replacement

## Missouri 4-H Shooting Sports Ambassador Program

Last year at this time, we announced the Missouri Shooting Sports Ambassador program. We selected 16 youth members from across the state having at least one representative in each region. Some of our goals in this program are to:

- Further develop their skills in leadership, public presentation, citizenship, community service, public relations and team building.
- Continue and expand their involvement in 4-H Shooting Sports beyond the shooting skills and competitive events.

This group has spent several hours planning an event that we are very excited to announce. The planning and preparation for this event fits the goals of this program very well. Please see the announcement below from one of our ambassadors:



### ShowMe MIZZOU Day

This spring, MU will welcome all visitors to a family-friendly open house, [Show Me Mizzou Day](#), on Saturday, April 13. Everyone's invited to this day of discovery and fun to explore our state's flagship university and learn the meaning of Tiger pride.

The campus will be open, rain or shine, from 10 a.m. to 2 p.m., offering **more than 90 events** for people of all ages.

Visitors will find everything from the MU Health helicopter to a lecture by MU's own George Smith, the 2018 Nobel Prize winner in chemistry and Curators Distinguished Professor Emeritus of Biological Sciences. 4-H will be represented! Come out and support Missouri 4-H Robotics and STEM Challenge in Memorial Union, rooms N201 and N214. We hope to also have some tables set up highlighting many of the opportunities available in 4-H. So, bring your family to campus on April 13. Register at [missouri.edu/showmemizzou](http://missouri.edu/showmemizzou).



### **Creamy Strawberry French Toast Bake**

3 cups sliced fresh strawberries, divided  
2 tablespoons sugar  
1 package (8 ounces) cream cheese, softened 1/2 cup  
confectioners' sugar  
1 tablespoon grated orange zest  
1 tablespoon orange juice  
1 teaspoon vanilla extract  
1 loaf (1 pound) cinnamon bread, cut into 1-in. pieces  
5 large eggs  
1 cup half-and-half cream  
Sweetened whipped cream

#### **Directions**

Toss 2 cups strawberries with sugar. In another bowl, beat the next 5 ingredients until smooth. Place half the bread in a greased 13x9-in. baking dish. Spoon cream cheese mixture over bread. Layer with strawberry mixture and remaining bread. Whisk eggs and cream until blended; pour over top. Refrigerate, covered, overnight.

Preheat oven to 350°. Remove casserole from refrigerator while oven heats. Bake, uncovered, until a knife inserted in the center comes out clean, 40-45 minutes. Let stand 5 minutes before serving. Top with whipped cream and remaining strawberries.

*Kristi Baker*

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### **Tin Foil Easter Eggs**

cardboard  
scissors  
tin foil (aluminum foil)  
Sharpie markers

#### **Directions**

1. Cut out an egg shape from your cardboard. I drew the shape for my preschooler and she cut it out herself.

2. Tear off a piece of tin foil from your roll. Lay your egg on top of it and then fold the tin foil edges over the egg all over so the front of the egg is completely covered in the foil.

3. Leaving the lid on the Sharpie marker, have your preschooler use it to draw lines and designs all over the tin foil easter egg.

4. When they are finished drawing designs, they can use all of the Sharpie markers to trace over their designs and add any more details that they'd like.

*Kelly Morgan*

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